

You must agree to

- ◆ arrive on time and stay to the end
- ◆ take part in the exercises
- ◆ talk about your offending
- ◆ record your alcohol use
- ◆ arrive clear-headed, not under the influence of drugs, alcohol or solvents
- ◆ treat facilitators and other group members with respect
- ◆ respect confidentiality
- ◆ turn off mobile phones.

During the DID programme the following methods are used: -

- ◆ group exercises
- ◆ Discussion sessions
- ◆ Self-assessment
- ◆ Problem solving exercises
- ◆ Active learning exercises
- ◆ Assignments to complete between sessions.

All sessions are recorded on videotape and used to monitor the work done in the group, primarily that of the facilitators. The tapes are stored and used under strict rules of confidentiality.

What are my rights?

You have various rights whilst you attend the programme.

You have the right to be treated fairly and without discrimination. The Probation Service will not accept any racist, sexist or other discriminatory behaviour towards you from either staff or fellow group members.

If at any time you feel you have been unfairly treated, you have the right to make a complaint. You should complain first to the Programme Manager.

If you are not satisfied with the way your complaint has been dealt with, you have the right to complain to the Chief Officer at the address below.

Your contact number with the DID team is: 0161 237 5173

Programme Manager,
Central Programmes Team,
12 Minshull Street, Manchester M13FR.

**6th Floor, Oakland House,
Talbot Road, Old Trafford,
Manchester, M16 0PQ**

Tel: 0161 872 4802 Fax 0161 872 3483

Further information

For more information about anything in this leaflet, please talk to your supervising officer.

July, 2009

Drink Impaired Drivers



Information for GROUP PARTICIPANTS



What is DID's?

Drink Impaired Drivers (DIDs) is a group work programme, which aims to enable you to avoid the offences associated with driving after drinking.

It will focus on

- ◆ alcohol knowledge
- ◆ decision making
- ◆ forward planning
- ◆ attitudes to drinking and driving
- ◆ emotional recognition / management
- ◆ ability to generate alternatives

You will

- ◆ know how to control your thoughts, feelings and actions
- ◆ improve your self-confidence and motivation to change things that have lead to offending
- ◆ know what you have to do to solve problems using a step-by-step approach
- ◆ improve your knowledge of what you have to do to avoid driving after drinking
- ◆ know what to do to prevent re-offending.

What will I have to do?

You must attend

Before the group

- ◆ all weekly appointments with your Probation Officer

During the group

- ◆ each session will last 2 hours
- ◆ you will attend all 16 sessions
- ◆ complete a series of questionnaires
- ◆ all other appointments as arranged with your Supervising Officer

After the group you will be required to

- ◆ complete a further series of questionnaires
- ◆ attend a three-way meeting with you, your Supervising Officer and the group facilitator
- ◆ attend all appointments with your Probation Officer.

Your Questions Answered

Who will be in the group?

- ◆ there will be a wide range of people from different cultural backgrounds and experiences to you in the group. It is important that everyone treats everyone else with respect
- ◆ there will be up to 12 people in your group, and all will have committed offences related to drinking and driving
- ◆ there will be 2 or more facilitators who have been trained in running this programme and have evidenced to prove they can do the job.

What if I can't attend?

- ◆ inform your Probation Officer immediately

What if I'm ill?

- ◆ get a doctor's sick note (not a self-certificate) and give it to your Probation Officer within 7 working days after the missed appointment

What happens if I do not attend or participate?

- ◆ you will need to give your Probation Officer an explanation straight away. If this is not accepted you will be:
 - a) given a formal warning and required to continue with the programme, or
 - b) returned to court.