

How will I find out if I have made progress?

Programme staff will write a detailed report at the end of the programme. These reports will be discussed at a review that you and your offender manager will attend.

Who will be on the programme?

- ◆ a minimum of eight who have committed sexual offences related to the viewing or creating of abusive images of children
- ◆ two members of staff who have been trained to run the programme.

What happens if I do not attend?

It is essential that you attend all appointments with your offender manager and all group work appointments. If you fail to attend a group work session, you will be offered a catch-up. However, if you miss more than two sessions, you will be suspended from the programme and will need to repeat the block again.

If the reasons for not attending are unacceptable, your offender manager will initiate enforcement proceedings. This means that you will be given warnings and could be returned to court or prison.

Could I be removed for other reasons?

You are expected to co-operate with the treatment programme. You can be removed if you:

- ◆ fail to comply with any child protection plan
- ◆ breach confidentiality or other rules
- ◆ are disruptive to the progress of the group
- ◆ do not complete the required work or fail to contribute in group sessions
- ◆ behave in an offensive or discriminatory manner.

Will my partner/family be involved?

If Social Services are involved with your partner/family, probation staff will have discussions with them.

What are my rights?

You have various rights while you attend the programme.

You have the right to be treated fairly and without discrimination. The Probation Service will not accept any racist, sexist or other discriminatory behaviour towards you from either staff or fellow group members.

If at any time you feel you have been unfairly treated, you have the right to make a complaint. You should complain first to the Programme Manager.

If you are not satisfied with the way your complaint has been dealt with, you have the right to complain to the Chief Officer at the address below.

**6th Floor, Oakland House, Talbot Road,
Old Trafford, Manchester, M16 0PQ
Tel: 0161 872 4802 Fax 0161 872 3483**

Further information

For more information about anything in this leaflet, please talk to your supervising officer.

Updated July 2009

OP-GMPT-IGP007

i-SOTP Programme

Internet Sexual Offending Treatment Programme

Information for GROUP PARTICIPANTS



What is the programme?

This programme has been approved as suitable for men who have committed offences related to creating or making abusive images of children. This includes viewing sexually indecent images of children on the internet. The aim of the programme is to prevent men committing similar offences in the future by looking at how thoughts, feelings and emotions are linked to abusive behaviour.

Who will go on the programme?

The programme is suitable for offenders being supervised by way of a Community Order or a Licence. For offenders given a Community Order, or on Licence after a Custodial Sentence, participation in the programme can be a requirement.

What does the treatment programme involve?

Part of the programme will involve individual work with your offender manager which may sometimes also be attended by another member of probation staff. You will also be expected to participate in a group work programme.

The group work programme is made up of 35 sessions which last two hours. Further work in between sessions is a requirement of participation. This means that the programme will last about 70 hours. A detailed report regarding your progress will be written by programme staff when you complete the programme.

The programme you are required to attend will take place either:

- ◆ during the day between 10am and 3pm. This programme will last 20 weeks
- ◆ if you are unable to attend the programme during daytime hours, in the evening between 6pm and 8pm. This programme will last 35 weeks.

This will include a break for refreshments.

Following assessment, some offenders may, however, be assessed as requiring further treatment.

How do we do it?

During the group work programme, some of the following ways of working are used:

- ◆ group discussion
- ◆ group exercises
- ◆ using self talk
- ◆ modelling of social skills
- ◆ skills development
- ◆ work that is expected to be completed in between sessions.

These methods will be explained to you in detail when you start the group.

All sessions are recorded on DVD. We monitor how programme staff run the programme. The discs are securely stored.

What will I have to do?

You must:-

BEFORE THE GROUP

- ◆ attend all appointments with your offender manager
- ◆ attend a specific group work session to complete a series of questionnaires.

DURING THE GROUP

- ◆ attend every session
- ◆ complete all work required between sessions
- ◆ complete any additional work with your offender manager.

AFTER THE GROUP

- ◆ attend a specific group work session to complete a series of questionnaires
- ◆ attend and contribute to a final review meeting.
- ◆ attend all appointments with your offender manager

You must agree to:

- ◆ arrive on time and stay to the end
- ◆ take part in the exercises
- ◆ talk about your offending
- ◆ arrive clear-headed - not under the influence of alcohol, drugs or solvents
- ◆ treat facilitators and group members with respect
- ◆ respect confidentiality
- ◆ turn off your mobile phone
- ◆ sessions being recorded on DVD
- ◆ dress appropriately for group work sessions.